

| November 2011                                 |      |                           |                                                                      |              |               |           |                                 |                      |                  |                    |
|-----------------------------------------------|------|---------------------------|----------------------------------------------------------------------|--------------|---------------|-----------|---------------------------------|----------------------|------------------|--------------------|
| Day                                           | Date | Time                      | Activity                                                             | First Reader | Second Reader | Harmonium | Ushers/<br>Chapel Greeter       | Book-<br>Room        | Sunday<br>School | Chapel<br>Security |
| Thurs                                         | 3    | 7:30-9 pm                 | Meditation                                                           | Phil         |               | Phil      | Ravi                            |                      |                  | Ravi               |
| Sat                                           | 5    | 8-11 a.m.                 | Meditation                                                           | Denise       |               | Denise    | Ruth                            |                      |                  | Ruth               |
| Sun                                           | 6    | 9-9:45 a.m.<br>10-11 a.m. | Meditation<br>Reading: Vol.3 # 43 Scientific Art of Living           | Judy         | Valerie       | Judy      | A- Lynne<br>B- Ed<br>C- Melinda | C- Carol<br>G- Kevin |                  | Melinda            |
| Thurs                                         | 10   | 7:30-9 pm                 | Meditation                                                           | Beth         |               | Beth      | Melinda                         |                      |                  | Melinda            |
| Sat                                           | 12   | 8-11 a.m.                 | Meditation                                                           | Ruth         |               | Ruth      | Denise                          |                      |                  | Denise             |
| Sun                                           | 13   | 9-9:45 a.m.<br>10-11 a.m. | Meditation<br>Reading: Vol.3 # 44 Yoga for Westerners                | Geoff        | Ricardo       | Geoff     | A- Larry<br>B- Jeff S<br>G- Sue | C- Nancy<br>G- Judy  |                  | Sue                |
| Thu                                           | 17   | 7:30-9 pm                 | Meditation                                                           | Deb          |               | Deb       | Yanmi                           |                      |                  | Yanmi              |
| Sat                                           | 19   | 8-11 a.m.                 | Meditation                                                           | Ricardo      |               | Ricardo   | Pat                             |                      |                  | Pat                |
| Sun                                           | 20   | 9-9:45 a.m.<br>10-11 a.m. | Meditation<br>Reading: Vol.3 # 45 How to Dissolve Causes of War      | Deb          | Carolyn       | Deb       | A- Phil<br>B- Lynne<br>G- Pat   | C- John B<br>G- Jill |                  | Pat                |
| Thu                                           | 24   | 7:30-9 pm                 | Thanksgiving - No Service                                            |              |               |           |                                 |                      |                  |                    |
| Sat                                           | 26   | 8-11 a.m.                 | Meditation                                                           | Geoff        |               | Geoff     | Pat                             |                      |                  | Pat                |
| Sun                                           | 27   | 9-9:45 a.m.<br>10-11 a.m. | Meditation<br>Reading: Vol.3 # 46 Inner Resources of Health & Energy | Tysu         | Ron           | Tysu      | A- Ron<br>B- Lynne<br>G- Jeff S | C- Deb<br>G- Pat     |                  | Jeff S             |
| Saturdays and Thursdays book sales by request |      |                           |                                                                      |              |               |           |                                 |                      |                  |                    |
|                                               |      |                           |                                                                      |              |               |           |                                 |                      |                  |                    |
|                                               |      |                           |                                                                      |              |               |           |                                 |                      |                  |                    |

"To live for self is the source of all misery."  
— Paramahansa Yogananda